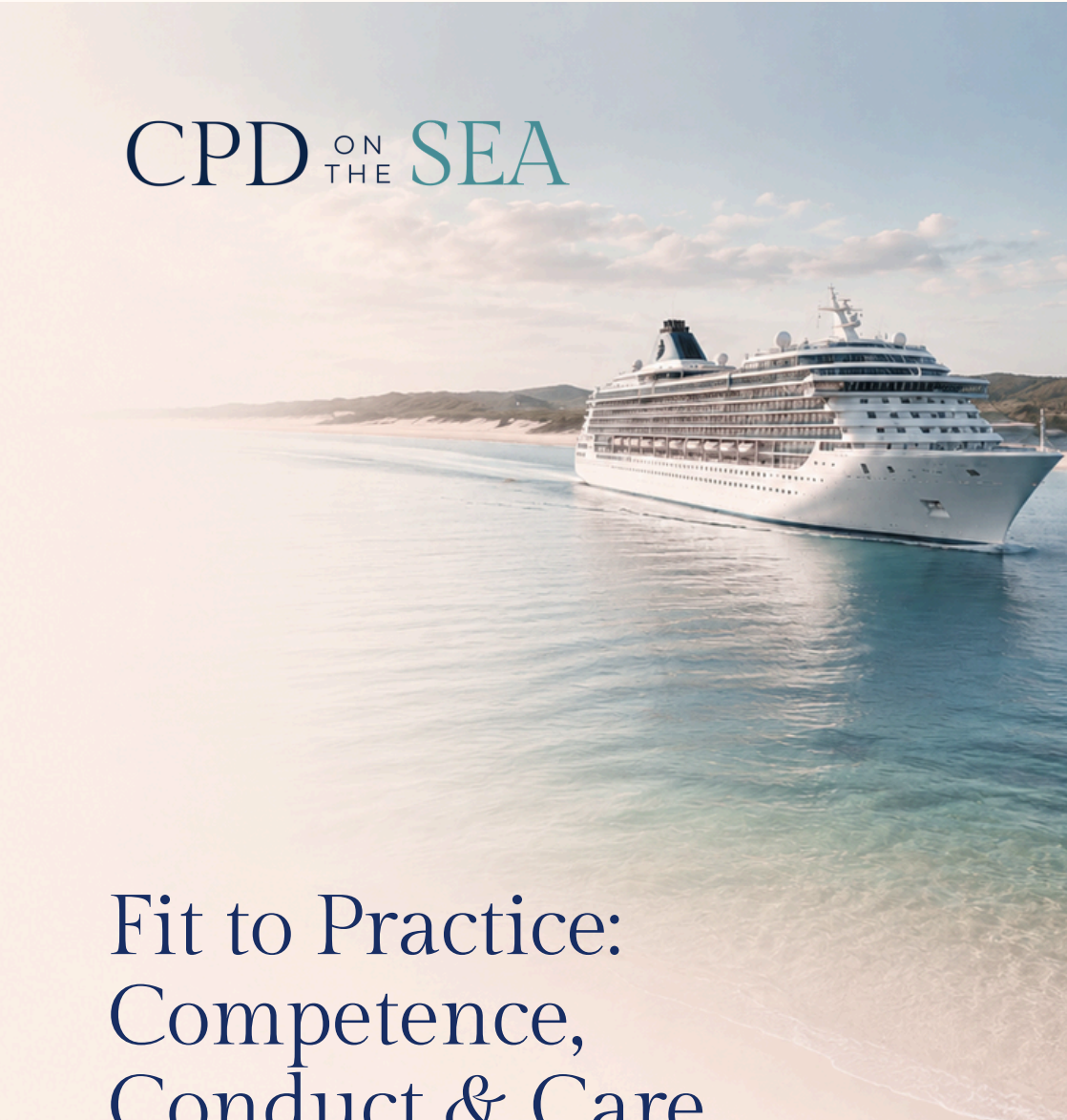
CPD ON THE SEA



Fit to Practice: Competence, Conduct & Care

12 HOURS OF CONTINUING PROFESSIONAL DEVELOPMENT WITH KAYE FRANKCOM

Voyage:
Sydney to Moreton Island return

Date:
18 March 2027 - 22 March 2027



A focused CPD voyage, designed with room to think.

PROFESSIONAL DEVELOPMENT AT SEA FOR PSYCHOLOGISTS

Some CPD is squeezed between client notes, admin, emails and the everyday pace of practice. This voyage is designed differently.

Across four nights, psychologists step into a focused professional development experience with Kaye Frankcom, exploring competence, conduct and care through a practical and reflective lens.

The cruise setting creates space around the learning - time to think, discuss, connect and consider how the program applies to real professional contexts.

The professional development is the reason for the voyage. The setting gives you space to take it in.



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The CPD Program



FIT TO PRACTICE: COMPETENCE, CONDUCT & CARE EXPLORES HOW PROFESSIONAL STANDARDS, ETHICAL DECISION-MAKING AND PRACTITIONER WELLBEING INTERSECT IN CONTEMPORARY PSYCHOLOGICAL PRACTICE.

The program examines how the Code of Conduct and Professional Competencies connect with the realities of everyday psychological practice, including risk management, client-centred care, cultural responsiveness, reflective practice and ongoing competence development.

Rather than treating professional standards as abstract requirements, the program is designed to help participants consider how competence, conduct and care show up in real clinical decisions, supervision, boundaries and professional judgement.

The workshop also recognises that high-quality psychological practice depends on the wellbeing of the practitioner. Participants will explore evidence-informed approaches to self-care, burnout prevention, professional sustainability and maintaining effectiveness in demanding clinical environments.

Across two sea-day sessions, the learning is designed to be practical, reflective and relevant for psychologists working across private practice, public health, community services, education, leadership and supervision roles.

Learning Themes

The program brings together professional standards, reflective practice and practitioner wellbeing through a practical lens. These themes help participants connect regulatory expectations with everyday psychological practice.

CODE, CONDUCT & COMPETENCY REFORMS

Understand the key changes and what they mean for everyday practice.

ETHICAL DECISION-MAKING

Translate regulatory expectations into practical, ethical clinical decisions.

BOUNDARIES, RISK & JUDGEMENT

Recognise professional risk, boundary concerns and professional drift.

REFLECTIVE PRACTICE & ACCOUNTABILITY

Use reflection to support sound judgement and ongoing competence.

SUPERVISION & PROFESSIONAL GROWTH

Explore how supervision supports competence, accountability and reform.

BURNOUT PREVENTION & SUSTAINABLE PRACTICE

Consider practitioner wellbeing, compassion fatigue and professional sustainability.

INTEGRATING REFORM

Build systems and habits that support safe and effective practice.



Learning Outcomes

By the end of the program, participants will be able to connect professional standards, ethical decision-making and practitioner wellbeing to practical, sustainable psychological practice.



PROFESSIONAL STANDARDS & ETHICS

Participants will explore how to:

- Identify key changes in the Code of Conduct and Professional Competencies
- Translate regulatory expectations into practical clinical decisions
- Apply ethical decision-making frameworks to contemporary practice challenges
- Understand safe, effective and sustainable psychological practice

RISK, REFLECTION & SUPERVISION

Participants will consider how to:

- Use reflective practice to support professional judgement and accountability
- Recognise professional risk, including boundary, drift and documentation concerns
- Maintain clear boundaries while preserving therapeutic responsiveness
- Understand how supervision supports implementation of professional reforms
- Recognise how supervisors foster competence, accountability and ethical awareness

PRACTITIONER WELLBEING & INTEGRATION

Participants will develop ways to:

- Recognise burnout, compassion fatigue and professional drift
- Support practitioner wellbeing and long-term sustainability
- Identify systems and habits that support safe, effective practice
- Build a practical plan for integrating reforms into daily work

Kaye Frankcom

Kaye Frankcom is an endorsed clinical and counselling psychologist, consultant, business coach to psychologists, speaker and trainer. Her background spans psychology regulation, professional standards, supervision, governance and practice leadership.

She has held national roles in psychology regulation and professional standards and was appointed to the first Psychology Board of Australia, where she was instrumental in establishing national standards for the psychology profession.

Kaye built a successful group psychology practice in Williamstown, Victoria, which she sold in 2018. She has since mentored and coached psychology practice directors nationally and undertaken clinical governance roles in Primary Health Networks, as well as reviews of private practice and not-for-profit agencies.



CLINICAL & COUNSELLING PSYCHOLOGY

Endorsed psychologist, consultant and business coach to psychologists.

PROFESSIONAL STANDARDS & REGULATION

Former national regulation and professional standards roles, including appointment to the first Psychology Board of Australia.

SUPERVISOR & AUTHOR

Board approved supervisor, Fellow of the APS, lead author of Fit for Practice and co-author of Creating Impact.

Who this voyage is for

This voyage is designed for psychologists who want structured, face-to-face CPD with time to think, discuss and connect away from the pace of everyday practice.

The program is suitable for psychologists working across private practice, public health, community services, education, leadership and supervision roles.

It may be especially relevant for practitioners wanting to strengthen their understanding of professional reforms while developing practical strategies for ethical, competent and sustainable practice.

This may suit you if...

- You want CPD that feels practical, reflective and professionally relevant.
- You are interested in competence, conduct, ethics, supervision, risk and sustainable practice.
- You value face-to-face learning and discussion with other psychologists.
- You want time away from daily clinical demands to properly focus on your professional development.
- You may be travelling solo, with a colleague, or with a partner or family member.













Your 4-Night Experience



1

THUR 18 MARCH 2027 | SYDNEY DEPARTURE

Arrive in Sydney, board Carnival Splendor and settle into the rhythm of the voyage. After finding your cabin and taking in your first views from the ship, the group will come together for CPD registration and a relaxed welcome function.

Meet fellow psychologists, mingle with colleagues, and begin making connections before enjoying dinner on board at your own pace, as the shift from everyday practice to time at sea begins.

2

FRI 19 MARCH 2027 | CPD DAY 1 AT SEA

Begin the first full CPD day with a coffee or tea before the morning session. Across the day, Kaye Frankcom will guide participants through professional standards, competence, conduct and care in a practical, reflective learning environment.

Outside session times, there is space to pause. Enjoy lunch on board, continue conversations with peers during our afternoon refreshment break, or step out for ocean air before the afternoon program continues.

3

SAT 20 MARCH 2027 | MORETON ISLAND

Spend the day at Tangalooma/ Moreton Island, one of Australia's most memorable coastal destinations. This is the day to enjoy the setting around the CPD program: clear water, sand, island views and time away from the usual pace of work.

You might join a Tangalooma shore tour, snorkel the famous shipwrecks, explore by clear-bottom kayak, take a 4WD island tour, or see the coastline from above on a scenic helicopter flight. Shore experiences are subject to availability, weather and operator conditions. Book your shore experiences directly or on board.

Your 4-Night Experience



4

SUN 21 MARCH 2027 | CPD DAY 2 AT SEA

Return to the program for the second full CPD day at sea. With the rhythm of the voyage already established, this day gives participants time to deepen the learning, reflect on practical application and consider how the material connects with real professional contexts.

After sessions conclude, the evening is yours. Enjoy dinner, spend time with your travel companion, continue conversations with new connections, relax by the pool, take in a show or find a quiet onboard space to unwind.

5

MON 22 MARCH 2027 | RETURN TO SYDNEY

Wake to the final morning of the voyage as Carnival Splendor returns to Sydney. Disembark with 12 hours of professional development completed, new connections made and time away from practice that has been both purposeful and memorable.

The aim is not just to return with CPD hours completed, but having had space to think, reflect and return to everyday professional practice refreshed and ready to adapt learning to practice.



Guests & Family



BRING THE PEOPLE YOU WANT TO TRAVEL WITH

Partners, family members and guests are welcome to travel, subject to cabin availability and booking arrangements. Non-attending guests can enjoy the ship while CPD sessions are running, and join you for meals, shore time and evenings on board.

The CPD program fee only applies to guests participating in the professional development sessions. This means the voyage can work for solo travellers, colleagues, couples, friends or family members who want to share the travel experience around your CPD.





Voyage details

WHAT TO KNOW BEFORE YOU ENQUIRE.

The March 2027 voyage includes the cruise experience, onboard accommodation and the structured CPD program for registered attendees. Some travel costs, personal expenses and optional experiences are separate, so these details will be confirmed clearly before booking.

INCLUDED WITH YOUR CRUISE FARE

- Onboard accommodation in your selected cabin category
- Main meals included with the cruise fare
- Selected onboard entertainment and facilities
- Access to general ship spaces outside CPD sessions

INCLUDED FOR CPD ATTENDEES

- 12 hours of face-to-face professional development
- CPD sessions with Kaye Frankcom
- Early access to presenter materials, where available
- Certificate of attendance detailing CPD hours after completion

SEPARATE COSTS

- CPD program fee for attending psychologists
- Travel to and from Sydney
- Travel insurance
- Shore tours and optional activities
- Specialty dining, drinks packages, spa treatments and personal purchases

IMPORTANT BOOKING NOTES

- Cabin pricing varies by room type, occupancy and availability
- Final pricing is confirmed during the enquiry process
- Partners, family members and guests are welcome to travel
- Non-attending guests do not pay the CPD program fee

DISCLAIMER

Program, cruise, pricing, itinerary, presenter materials and inclusions are correct at the time of publication and may be subject to change due to availability, cruise provider conditions or circumstances beyond the control of the organisers.

Aboard Carnival Splendor

ENJOY THE SHIP BETWEEN SESSIONS.

Outside the CPD program, Carnival Splendor offers plenty of ways to relax, dine, socialise and enjoy the voyage. Whether you prefer a quiet adults-only retreat, a show after dinner, a casual bite between sessions or time by the pool, the ship gives you space to shape the experience around your own travel style.



STAGE SHOWS

Enjoy live entertainment with Carnival's stage shows, featuring music, performers, costumes and theatre-style production.



THE PUNCHLINER COMEDY CLUB

Settle in for a comedy show and an easy evening onboard after a full day of learning or exploring.

SERENITY ADULTS ONLY RETREAT

Find a quieter adults-only space to unwind, read, relax or enjoy ocean views away from the busier areas of the ship.



DINING OPTIONS

Enjoy included dining and casual favourites, with additional specialty dining options available onboard depending on the ship schedule.





CLOUD 9 SPA

Book time to unwind with spa treatments, thermal-style relaxation areas or wellness services, subject to availability and additional cost.



POOLS, DECKS AND MOVIES

Spend time by the pool, enjoy the open decks, watch Dive-In Movies, or take in the sea air between sessions and evening plans.

Ashore at Moreton Island

A DAY TO EXPLORE TANGALOOMA.

The Moreton Island shore day gives you time to enjoy the destination between the two CPD sea days. You can keep the day relaxed with beach time and ocean views, or book a cruise-arranged shore experience to see more of Tangalooma and the island.



TANGALOOMA SHORE TOURS

Choose from cruise-arranged tours designed to help you experience the island, coastline and resort surrounds.



SNORKELLING THE TANGALOOMA WRECKS

Explore one of Moreton Island's most recognisable marine sites, with guided snorkelling experiences often available.



MARINE DISCOVERY EXPERIENCES

Look for opportunities to see more of the island's marine life and coastline through cruise-arranged discovery tours.



CLEAR-BOTTOM KAYAKING

Enjoy the water from above with a calmer tour option that lets you take in the coastline, marine life and wrecks.



4WD ISLAND TOURS

Explore more of Moreton Island by 4WD, with tours that may include beaches, inland tracks, lookouts or sand dunes.



SAND TOBOGGANING AND DESERT SAFARI

Experience the island's famous dunes with a more active shore tour option.



SCENIC HELICOPTER FLIGHTS

Take in the coastline from above with a short scenic flight, subject to weather and availability.



BEACH TIME

Keep it simple with time on the sand, lunch, photos and a slower pace before returning to the ship.

CPD Program Pricing

The CPD program fee applies to attendees participating in the professional development sessions. Cabin pricing is separate and varies by room type, occupancy and availability.

CPD Program Ticket

For psychologists participating in the 12-hour professional development program with Kaye Frankcom.

This fee applies to each attendee joining the CPD sessions, whether travelling solo, with a colleague, friend, or family member/s.

$1,490 incl. GST Per attendee

Group Booking Enquiries

For practices, clinics, supervision groups or professional networks considering four or more CPD participants.

Groups of four or more may be eligible for a discounted CPD program rate. Please contact us directly to discuss availability, cabin options and group arrangements.

Please Enquire for pricing.











Cabin Pricing Guide

Cabin pricing varies by room type, occupancy and availability. The prices below are indicative only and are provided as a guide to help you compare options. Final pricing will be confirmed during the enquiry process before any booking is made.



INTERIOR

from $1,275 single



OCEAN VIEW

from $1,635 twin



BALCONY

from $2,135 twin



SUITE

from $2,775 twin

WHY TRAVELLING TOGETHER CAN MAKE SENSE

CPD on the Sea is structured so travelling with others can reduce the per-person cost. Shared cabins can make accommodation more cost-effective, and group CPD pricing is available for colleagues, practices and professional groups booking together.

Booking & Payment Process

All bookings begin with an enquiry so the CPD on the Sea team can understand what you are looking for, talk through cabin options and explain the next steps before anything is finalised.

1. SUBMIT AN ENQUIRY



Complete the enquiry form with your details, preferred booking type and any guest or cabin preferences.

2. TALK THROUGH YOUR OPTIONS



A member of the CPD on the Sea team will be in touch to discuss cabin options, pricing, guest arrangements and the booking process. After this call, you will be added to the priority booking list for this voyage.

3. PLACE YOUR DEPOSIT WHEN INVITATIONS OPEN



People on the priority booking list will be contacted when deposit invitations open. You will have five days from your deposit invitation to place your $500 deposit.

4. RECEIVE YOUR CABIN DETAILS



Once your deposit has been received and your booking is progressed, you will receive your cabin details and cruise booking information.

5. FINALISE YOUR CRUISE AND CPD PAYMENTS



The remaining cruise balance will be paid through the Carnival website using your booking details. The CPD program fee is separate from the cruise fare and will be invoiced by CPD on the Sea, with payment timing confirmed during the booking process.

Submitting an enquiry does not lock you into booking. It simply gives us the information needed to help you understand your options and ensures you can be contacted when deposit invitations open.

Submitting an enquiry is the best way to talk through the voyage before booking. It does not lock you into a place. It simply gives the CPD on the Sea team the information needed to guide you through cabin options, guest travel, pricing and the priority booking process.

01 Review the voyage guide	Review the program, presenter, itinerary, pricing and voyage details.
02 Submit an enquiry	Tell us whether you are travelling solo, with a guest, with a colleague or as part of a group.
03 Discuss your options	The team will be in touch to discuss current cabin options, pricing, guest arrangements and deposit invitations.

When deposit invitations open, people on the priority booking list will be contacted first.



Your next step...

Ready to explore the March 2027 voyage?

Submit an enquiry through the CPD on the Sea website or contact the team directly.

CONTACT DETAILS

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MARCH 2027 | MORETON ISLAND CPD VOYAGE

CPD ON THE SEA

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